

Register your family for the 16th Annual Grand Blue Mile!



ALL OF THIS INCLUDED IN YOUR REGISTRATION!

- Official race shirt & bib
- Inflatables for kids
- Face painting & balloon art
- Finisher medal for all youth
- Free finish line photos
- See nation's best at USATF 1 Mile Road Championships
- Cheer on beloved mascots at Mascot Madness

GRAND BLUE MILE

PRESENTED BY **Wellmark** 

REGISTER NOW!



\$10 FOR ADULT

\$10 FOR YOUTH

**TUESDAY, APRIL 22
DOWNTOWN DES MOINES**